

AGENDA 10th Anniversary Conference

Mental Health: Navigating Life After Trauma

7:30	REGISTRATION NETWORKING BREAKFAST	
9:00	OPENING REMARKS	Charissa Levy, Executive Director, Toronto ABI Network Deanna Gilbert, Partner, Thomson Rogers
9:15	The Impact of Traumatic Injury on Mental Health	Dr. Chanth Seyone, Neuropsychiatrist, Toronto Western Hospital, UHN
9:45	Alcohol & Drug Addiction Following TBI	Dr. Carolyn Lemsky, Neuropsychologist, Community Head Injury Resource Services (CHIRS)
10:15	REFRESHMENT BREAK	
10:30	Mindful Self-Compassion & Qigong: Practical Self-Care Tools for Both You & Your Client	Jaisa Sulit, Occupational Therapist, Proactive Pelvic Health Centre
11:00	Consent & Guardianship	William Keele, Associate, Oatley Vigmond
11:30	Mental Health & Diet: How Nutrients Can Protect Against Anxiety & Depression	Kylie James, Director & Holistic Nutritionist, Koru Nutrition Joanne Smith, Certified Nutritional Practitioner, Neurocore Physiotherapy & Pilates
12:00	NETWORKING LUNCH	
1:30	CAT Criterion 8: Marked and Extreme Impairments	Dr. Dory Becker, Psychologist, Omega Medical Associates Deanna Gilbert, Partner, Thomson Rogers
2:15	Movement & Mental Health: A Workshop	Amy Tepperman, Founder, Moving EDGEducation
2:45	REFRESHMENT BREAK	
3:00	2019 Awards of Excellence in Brain Injury Rehabilitation	Ruth Wilcock, Executive Director, Ontario Brain Injury Association
3:30	<u>Panel</u> PTSD, Secondary Stress and Neurobiology	Lindsay Charles, Associate, McLeish Orlando Kathy Gravel, RSW, Holland Bloorview Kids Rehabilitation Hospital Vera Nenadovic, Nurse Practitioner, Holland Bloorview Kids Rehabilitation Hospital
4:15	CLOSING REMARKS	Charissa Levy, Executive Director, Toronto ABI Network Deanna Gilbert, Partner, Thomson Rogers
4:30	COCKTAIL RECEPTION <i>hosted by PIA Law</i>	

* Agenda subject to change.

